



Information Pack

2024

ABOUT

The Unbreakable Farmer



Warren Davies is also known as 'The Unbreakable Farmer'. He's one of Australia's leading rural mental health speakers and advocates.

**If you are looking for a unique keynote speaker or a workshop facilitator,
The Unbreakable Farmer is your man.**

Resilience, Persistence and Determination are the words to describe Warren Davies. His keynote topics centre on resilience; persistence; determination; leadership; and wellbeing. Plus, their moral relevance to all ages and communities.

Warren's ability to engage with individuals or organisations is through the journey of him piecing back together his life and the learning of life lessons he learnt along the way. His down to earth approach makes his story and strategies relevant whether you are from the country or the city; school student; farmer; or the CEO of a large corporation.

Warren's authentic, inspiring and sometimes confronting presentations are filled with take home strategies! They stem from his business and life journey. His audience can implement these strategies in their day to day life to overcome challenges or pick themselves up and keep moving forward.

Warren's message is simple and so very important. Particularly, at a time when stress is seen as normal, and depression is commonplace. Warren will change the thinking and behaviour of your most precious resource, your people.

You must hear his story...

www.theunbreakablefarmer.com.au/contact

WARREN'S PROGRAMS

The Unbreakable Farmer



SPEAKING

Warren's ability to engage with individuals or organisations is through the journey of him piecing back together his life. As well as the life lessons he has learnt along the way.

His down-to-earth approach makes his story and strategies relevant to everyone.

Whether you're from the country or city, a small business owner or the CEO of a large corporation. Or someone looking for some clear direction. Warren provides tips & tools that his audience can easily implement in day-to-day life, helping people overcome challenges.

Key Presentation Topics Include:

- Resilience, Persistence and Determination | Authentic Leadership
- Mental Health and Wellbeing | Building Strong Communities
- Developing Resilient Leaders and Teams | Community Recovery

WARREN'S PROGRAMS

The Unbreakable Farmer



WORKSHOPS

Warren can work with you to tailor a workshop to suit the needs of your group or organisation. **Warren provides take-home strategies** as well as tips and tools that his audience can implement in day to day life. **Therefore, helping people overcome challenges and enabling them to move forward.**

Warren's Workshops Cover Topics Including:

- Vulnerability
- Communication
- Connection
- Leadership
- Self Care

The workshops include activities bringing groups closer together and typically run for three hours or more. Warren can also provide ongoing consulting post workshops.

WARREN'S PROGRAMS

The Unbreakable Farmer



MEN'S PROGRAM

More needs to happen so as we talk about the issues impacting men!

This is why Warren is launching this year a Men's Program.

This Covers Topics Including:

- Men's mental health
- Habits for healthy men
- Learn to ask RU OK - you may save a mate's life
- Male-friendly services
- Building men's health literacy
- Warren can help men start the conversation with their father, brother, work colleagues and mates about their health - their physical, mental and emotional health.

Let Warren bring this to your community...

www.theunbreakablefarmer.com.au/mensprogram

WARREN'S PROGRAMS

The Unbreakable Farmer



AUTHENTIC SPEAKER PROGRAM

Do you have a unique story to tell?

Then choose Warren's Authentic Speaker Program and be listened to so as to make a difference to the lives of others. Topics include the following to enable you to:

- Discover the key elements and the right people to involve in your journey to becoming an authentic speaker.
- Gain the skills involved to become an effective and impactful speaker.
- Develop as a brand - looking at how people connect with people and find out how to build a strong online presence. This will all help to ensure success.
- Become part of my speakers network and gain support, help and advice from those who have helped me during my speaker journey; who can now assist you too in yours!

FAMILY No.1 VALUE

The Unbreakable Farmer



PERSONAL LIFE

Outside of speaking Warren is a Husband; Father of five; Son; Brother; Mate; and normal bloke down the road.

One of his passions is involving himself in his community as President of Kyabram P12 College; local football; netball club; and mentors youth in the Mates program.

CHARITY WORK

Warren is also proudly an Ambassador at Cottage By The Sea at Queenscliff.

This is a children's charity offering camps and support for kids doing it tough from all over Australia.

Yet, providing Inspiration, Fun and Opportunity in a safe and healthy environment.



TESTIMONIALS

The Unbreakable Farmer

"Having heard Warren Davies, "the Unbreakable Farmer", speak at two events now, I have been entertained, confronted and immersed in his story.

I have also been overwhelmed by the positive responses from the people who have attended and would highly recommend Warren as a genuine speaker who is so down to earth, he can relate to almost anyone.

His passion for getting the message out was demonstrated through his talk on mental health where he confronts his issues time and time again.

He shares deep from his soul which shows in his vulnerability and authenticity.

He can engage with the community whether it be farmers or townies because he has his own story to tell.

He focuses on being open in communication, offers tips and tools to get through the hardships of life and brings to the forefront, resilience, persistence and determination."

Louise Mayall
mecwacare



TESTIMONIALS

The Unbreakable Farmer

"I have had the pleasure of meeting Warren through a connection with Media Stable and my program on community radio station 94.7 The Pulse. I requested an interview with Warren after reading his story, as I have also had a rural upbringing and battled some family pressures.

We first met in an on-air phone chat and when Warren was visiting Geelong recently, he kindly joined me in the station studios for a longer conversation. This turned out to be quite emotional, as we spent almost an hour talking through his pleasant early days on the farm, before a serious turnaround that changed his life.

He is honest and strong in his messaging, but still vulnerable, which gives genuine authenticity to his story.

I look forward to sharing more time with Warren if circumstances allow, as I feel passionately about the cause of supporting mental health issues in the tougher environment of regional Australia. *Warren is a fine ambassador for his cause* and I look forward to continuing the support of his work".

Rob Cameron
94.7 The Pulse Geelong



"Warren presented to our site workers as part of our program to promote Mental Health Awareness. *His story and storytelling skills were both accessible to the broad range of attendees and compelling.*"

Robert Tanti
Chief People Officer at Opal - MAICD

TESTIMONIALS

The Unbreakable Farmer

"During Men's health week, Warren spoke to over 150 of our employees across SPC Global.

He shared his personal story, leaving each of them touched by the sessions in the efforts to reduce the stigma about mental health.

I'm personally inspired by Warren's passion to help others by sharing his story and encouraging anyone who is struggling to speak up and seek support. Highly recommended. ."

Pam Arnold
Head of Health, Safety
and Environment
Shepparton, Victoria



"Warren presented at the VFF Symposium in October 2022 to our audience full of farmers. It was a fantastic presentation, despite at times being thought provoking in a very sobering way. It was a good lead-in to lunch so our audience could chat through what they'd just heard and share their experiences with others.

We were so thankful Warren told his stories with us and are sure many people will have walked away with some new insights and tools to aid their mental health."

Anita D.
Storyteller, Brand Shaper,
Marketer,
Destination Manager,
Placemaking Leader,
CXM



"As the special guest speaker for our Eyre Peninsula Tour in August 2022, Warren really went above and beyond to make the week a success and I can't thank him enough. If you are looking for an inspirational speaker with a powerful personal story who also offers practical tools to support yourself and others through tough times,

I would definitely recommend connecting with Warren. 5 stars!"

Tessa Colliver
Executive Officer at Fat Farmers' Rural Health Initiative

RECENT CLIENTS

The Unbreakable Farmer



LET'S CONNECT

The Unbreakable Farmer

For information on tailoring a Keynote presentation
or Workshop around the specific needs
of your organisation or community group/s.
Or if you are interested in any of Warren's Programs

Please get in touch:

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to Warren's
Podcast



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subscribe to
Warren's Newsletter

